

Instructions: 1. Impound patient's plan in designated area below. 2. Send pharmacy copy to pharmacy after medication order is written. 3. Rule off unused lines after last copy has been sent to pharmacy. In print now set and place in chart. 4. All orders must include date, time and physician's signature.

Physician's Orders

STANDING ORDERS FOR FLORIDA DETOX PROCEDURES

PAGES 1 OF 2

- 1 Admit to Dr. Sponaugle
- 2 Obtain baseline vital signs: blood pressure, pulse, EKG rhythm strip, respirations, temperature, and SaO₂
- 3 IVF of LR 1000cc to IV reseat at a rate of 200cc/hour.
- 4 Versed 2-6mg IV titrated to sedation, immediately after IV infusion is started.
- 5 Continuous EKG and SaO₂ monitoring with blood pressure and respiratory rate every 5 minutes.
- 6 Administer the following medications after intubation, (unless contraindicated or patient is allergic)
 - Zantac 50 mg IV
 - Zofran 4 mg IV
 - Toradol 60 mg IV
 - Decadron 10 mg IV
 - Nicoderm patch if patient smokes:
 - 7 mg for 1/2 pack per day
 - 14 mg for 1-1 pack per day
 - 21 mg for greater than 1 pack per day
- 7 After verification of nasogastric tube/oral gastric tube placement by auscultation connect to low intermittent suction, until gastric contents are emptied, then administer the following medications crushed and diluted in 60cc tepid H₂O via gastric tube, flush with 30cc H₂O and clamp
 - Clonidine _____ mg NG
 - Zyprexa 20 mg NG
 - Imodium 6 mg NG
 - Bentyl 20 mg NG
- 8 Insert Urinary Catheter.
- 9 IVF bolus until diuresis, then decrease rate to 250-500cc/hour, to IV reseat after extubation.
- 10 Maintain Diprivan ga. to tolerate ET tube @ lowest rate for satisfactory sedation.
- 11 Naltrexone 200mg NG immediately after Narcan is completed.
- 12 May decrease vital signs to every 15 minutes after Naltrexone is given, if stable.
- 13 Gastric tube to low continuous wall suction 3 hours after Naltrexone is given.

REVISED: 10/2003

Helen Ellis Memorial Hospital
Tarpon Springs, Florida

PHYSICIAN'S ORDERS

0415400150 06/03/04
NR 481754
VESTERFIELD, JOHN SSY
DOB 11/13/50 MALE
SPONAUGLE, MARVIN L DR 15

patient's plate in designated area below. 2. Send pharmacy copy to pharmacy after me
een sent to pharmacy. Inprint new set and place in chart. 4. All orders must include

Physician's Orders

STANDING ORDERS FOR FLORIDA DETOX PROC

1. Admit to Dr. Sponaugle.
2. Obtain baseline vital signs: blood pressure, pulse, EKG rhythm strip, SaO₂.
3. IVF of LR 1000cc to IV reseal at a rate of 200cc/hour.
4. Versed 2-6mg IV titrated to sedation, immediately after IV infusion is
5. Continuous EKG and SaO₂ monitoring with blood pressure and respir
6. Administer the following medications after intubation, (unless contraindicated)
 - Zantac 50 mg IV
 - Zofran 4 mg IV
 - Toradol 60 mg IV
 - Decadron 10 mg IV
 - Nicoderm patch if patient smokes:
 - 7 mg for ½ pack per day
 - 14 mg for ½-1 pack per day
 - 21 mg for greater than 1 pack per day
- ✓ After verification of nasogastric tube/oral gastric tube placement by auscultation and
intermittent suction, until gastric contents are emptied, then administer the following:
 - crushed and diluted in 60cc tepid H₂O via gastric tube, flush with 30cc H₂O
 - Clonidine _____ mg NG
 - Zyprexa 20 mg NG
 - Imodium 6 mg NG
 - Bentyl 20 mg NG
8. Insert Urinary Catheter.
9. IVF bolus until diuresis, then decrease rate to 250-500cc/hour to IV reseal

Date
Ordered

Time

Physician's Orders

STANDING ORDERS FOR FLORIDA DETOX PROCEDURES PAGES 1 OF 2

1. Admit to Dr. Sponaugle.
2. Obtain baseline vital signs: blood pressure, pulse, EKG rhythm strip, respirations, temperature, and SaO₂.
3. IVF of LR 1000cc to IV reseat at a rate of 200cc/hour.
4. Versed 2-6mg IV titrated to sedation, immediately after IV infusion is started.
5. Continuous EKG and SaO₂ monitoring with blood pressure and respiratory rate every 5 minutes.
6. Administer the following medications after intubation, (unless contraindicated or patient is allergic)

Zantac 50 mg IV

Zofran 4 mg IV

Toradol 60 mg IV

Decadron 10 mg IV

Nicoderm patch if patient smokes:

7 mg for ½ pack per day

14 mg for ½-1 pack per day

21 mg for greater than 1 pack per day

✓ After verification of nasogastric tube/oral gastric tube placement by auscultation connect to low intermittent suction, until gastric contents are emptied, then administer the following medications crushed and diluted in 60cc tepid H₂O via gastric tube, flush with 30cc H₂O and clamp.

Clonidine _____ mg NG

Zyprexa 20 mg NG

Imodium 6 mg NG

Bentyl 20 mg NG

8. Insert Urinary Catheter.
9. IVF bolus until diuresis, then decrease rate to 250-500cc/hour, to IV reseat after extubation.
10. Maintain Diprivan gtt. to tolerate ET tube @ lowest rate for satisfactory sedation.
11. Naltrexone 200mg NG immediately after Narcan is completed.
12. May decrease vital signs to every 15 minutes after Naltrexone is given, if stable.
13. Gastric tube to low continuous wall suction 3 hours after Naltrexone is given.

patient's plate in designated area below. 2. Send pharmacy copy to pharmacy after medication order is written. 3. Rule off unused
been sent to pharmacy. Inprint new set and place in chart. 4. All orders must include date, time and physician's signature.

Physician's Orders

STANDING ORDERS FOR FLORIDA DETOX PROCEDURES

PAGES 2 OF 2

14. One hour before scheduled extubation time administer:

Zofran 4 mg IV

Zantac 50 mg IV

Toradol 30 mg IV

Robinul 0.4 mg IM

15. Extubate after _____ am/pm, and when extubation criteria is met.

16. Discontinue Diprivan infusion 30 minutes before scheduled extubation time.

17. Discontinue oral gastric tube immediately prior to extubation, and nasogastric tube after extubation
if airway is stable.

18. Versed 1-2 mg IVP after extubation if airway is stable.

1. Imprint patient's plate in designated area below. 2. Send pharmacy copy to pharmacy after medication order is written. 3. Rule off unused copy has been sent to pharmacy. Inprint new set and place in chart. 4. All orders must include date, time and physician's signature.

Physician's Orders

Time	POST-PROCEDURE ORDERS FOR FLORIDA DETOX PROCEDURE	PAGE 1 OF 2
150	1. Vital signs q 15 minutes x 4, then routine as clinically indicated.	
	2. IV. 1000 cc D5LR with 20 meq KCL to infuse at _____ cc/hr. May convert to Hep Lock when taking p.o. fluids.	
#3	3. Clear liquid diet - may begin when fully awake. Advance diet as tolerated. (Sponaugle Diet)	
	4. Discontinue Foley when awake.	
	5. Bed rest, bathroom privileges with assistance.	
	6. Oxygen at 2-3 L/minute via nasal cannula. May discontinue when maintaining room air saturation of greater than 92%.	
	7. Accucheck q 4 hours x 2 post extubation. First one immediately after extubation. Call Physician if less than 60 or greater than 200.	
	8. Medications: (Unless Allergic)	
	a. Lopermide 2 mg p.o. two tab q 4 hours while awake.	
	b. Sandostatin 100 mcg subcutaneous or IV q 12 hours x 4 doses.	
	c. Levsin EX 0.375 mg p.o. b.i.d. (for abdominal cramping). <i>ii tabs</i>	
	d. Librium <u>50</u> mg p.o. q 1-2 hours PRN agitation.	
	e. Valium <u>10</u> mg p.o. q 3-4 hours PRN agitation not relieved by Librium.	
	f. Valium <u>10</u> mg IV q 1/2 hour up to 100 mg/shift PRN agitation not relieved by p.o. Valium.	
	g. Tylenol 325 mg tab 1-2 p.o. q 4-6 hours PRN general malaise.	
	h. Toradol 30 mg IV q 6 hours until discharge.	
	i. Ambien <u>10</u> mg p.o. at hs.	
	j. Zofran 4 mg IV q 8 hours until discharge. <i>Q.120</i>	
	k. Ativan <u>2</u> mg IV q 1 hour PRN agitation.	
	l. Thorazine 50 mg IM q 8 hours PRN agitation.	
	m. Pepcid 20mg IV q 12 hours (p.o.) when IV discontinued.	
	n. Prevacid 30mg p.o. q a.m.	
	o. Naltrexone 50mg p.o. q a. m.	
	9. Keep patient as comfortable as possible. Any agitation must be treated IMMEDIATELY with prescribed sedatives. If these do not appear to be adequate, please contact the Physician.	
	10. If patient leaves hospital prior to discharge by Physician, have patient sign AMA form.	
	11. Patient must be discharged to a responsible party. MAY NOT DRIVE SELF HOME.	

REVISED: 6/2002

Helen Ellis Memorial Hospital
Tarpon Springs, Florida

PHYSICIAN'S ORDERS

3415400150	06/03/04
NR 481754	
WESTERFIELD, JOHN	53Y
DOB 11/13/50	MALE
SPONAUGLE, HARVIN L. DR	13

1. Remove patient's plate in designated area below. 2. Send pharmacy copy to pharmacy after medication order is written. 3. Rule off unused
copy, has been sent to pharmacy. Insert new set and place in chart. 4. All orders must include date, time and physician's signature.

Time

Physician's Orders

POST-PROCEDURE ORDERS FOR FLORIDA DETOX PROCEDURE

PAGE 2 OF 2

12. If patient smokes, may do so per Hospital protocol. (LEAVE PATCH ON!).
13. Have patient complete the "RATING SCALES OF OPIATE WITHDRAWAL" questionnaire post-procedure and before discharge.
14. Keep head of bed elevated 30 degrees.
15. Pulse oximetry check q 2 hours first night call for room air sat < 95%.

William King IV

REVISED: 6/2002
Helen Ellis Memorial Hospital
Tarpon Springs, Florida

PHYSICIAN'S ORDERS

0415490150 06/03/04
MR 481754
WESTERFIELD, JOHN 53Y
DOB 11/13/50 HALE
SPONAUGLE, HARVIN L DR 13

Instructions:

1. Imprint patient's plate in designated area below.
2. Send pharmacy copy to pharmacy after medication order is written.
3. Rule off unused lines after copy has been sent to pharmacy. Imprint new set and place in chart.
4. All orders must include date, time and physician's signature.

Date Ordered: 6/3 Time: 1500 Physician's Orders: VO Dr. Sproungle/G CRUMPRU

Tigan 250mg PO Q6°
 Bentyl 20mg PO Q8°
 Piroctonix 40mg PO QAM
 Adderall XR 20mg PO QAM
 Bia 1000mg 1m @ 1000 X-T dose
 A Zofran 70 4mg IV Q12°
 DC Pepacid
 DC Prevacid
 2 L DSLR E 20 K bolus Q8AM
 followed by 1 L UR as tol.
 Nicoderm patch 14mg QAM

[Signature]
 6/3/1500

060204

101-2

Helen Ellis Memorial Hospital
 Tarpon Springs, Florida

PHYSICIAN'S ORDERS

0415400150	06/03/04
NR 481754	
WESTERFIELD, JOHN	53Y
DOB 11/13/50	MALE
SPONAUGLE, HARVIN L	DR 13

WHITE - CHART

YELLOW/PHARMACY

Instructions: 1. Imprint patient's plate in designated area below. 2. Send pharmacy copy to pharmacy after medication order is written. 3. Rule off unused lines after copy has been sent to pharmacy. Imprint new set and place in chart. 4. All orders must include date, time and physician's signature.

Physician's Orders

Date	Time	Physician's Orders
6/4/04	1215	10mg IV now x 1 1.0 / RB Dr Sponaugle / JSK005RL JSK005RL 6/4/04 1215
6/4/04	1300	0.2mg clonidine PO now + then q 6 hours PRN 1.0 / RB Dr Sponaugle / JSK005RL JSK005RL 6/4/04 1300
6/4/04	1325	Clarification of above order 0.2mg clonidine PO now + then 0.1mg clonidine PO q 6 hours PRN 1.0 / RB Dr Sponaugle / JSK005RL JSK005RL 6/4/04 1330
		060204 707-2

Helen Ellis Memorial Hospital
Tarpon Springs, Florida

PHYSICIAN'S ORDERS

MR0032
Rev. 403

WHITE - CHART

YELLOW/PHARMACY

0415400150 06/03/04
MR 481754
WESTERFIELD, JOHN 53Y
DOB 11/13/50 MALE
SPONAUGLE, MARVIN L DR 13

0212

Instructions: 1. Prescribe patient's name in designated area below. 2. Total quantity only to pharmacy after medication order is received. 3. Refill indicated below after supply has been sent to pharmacy. Temporal zone, unit and place in chart. 4. All orders must include date, time and physician's signature.

6/4/64 2000 Zupura 10mg po new pt dose
 VC/ Dr. Spangenberg / Skoog
 Skoog 6/4/64 2000

6/4/64 2000 Zupura 10mg po new pt dose
 VC/ Dr. Spangenberg / Skoog

6/4/64 2000 Zupura 10mg po new pt dose
 VC/ Dr. Spangenberg / Skoog

6/5/64 2000 Zupura 10mg po new pt dose
 VC/ Dr. Spangenberg / Skoog

6/5/64 2000 Zupura 10mg po new pt dose
 VC/ Dr. Spangenberg / Skoog

060209

1012

Helen Ellis Memorial Hospital
 Tarpon Springs, Florida

PHYSICIAN'S ORDERS

0412-1150	06/03/64
NO. 41394	
WEST, JILL, JOHN	531
BOS 11/17/50	BALE
SPONKOWE, HARVIN L	DR 13

WHITE CHART

WHITE CHART

YELLOW PHARMACY

0213

FLORIDA
DETOX

1810 Alt 19 South Suite N • Tarpon Springs, Fl 34689 • 727-945-9198

Discharge MedicationDAILY:

- | | # prescribed | # refills |
|---|----------------|------------------|
| A. Naltrexone 50mg 1 tablet <u>EVERY</u> morning. (Opiate Blocker) | #30 | 3 refills. |
| *DO NOT stop taking without Doctors order! Failure to take Naltrexone can undo your procedure!* | | |
| B. Bextra 20mg 1 tablet <u>EVERY</u> morning and evening. (Muscle/Joint Ache) | #30 | NONE |
| C. Imodium AD 2 Tablets <u>EVERY</u> 4-6 hours, a minimum of 4 times daily
(Anti-diarrheal) No prescription necessary. | | OVER THE COUNTER |
| D. Bentyl 20mg (Dicyclomine) 1 tablet <u>EVERY</u> 8 hours, 3 times daily
(Stomach cramping/ Anti-diarrheal). | #21 | NONE |
| E. Levsinex 0.375mg (Hyoscyamine) 2 capsules <u>EVERY</u> morning and evening
(Stomach cramping/ Anti-diarrheal) | #21 | NONE |
| F. Prevacid 30mg (Lansoprazole) 1 tablet <u>EVERY</u> morning,
as prescribed pre-procedure. (Stomach acid) | 30 | NONE |

SYMPTOMATIC: If needed. *Chew*

- | | | |
|---|-----|------|
| A. Clonidine 0.1mg 1 tablet QID ONLY IF <u>NEEDED</u> for withdrawal symptoms
i.e. Shaking, odd skin sensations, restlessness, may use up to 6 tablets per day.
Chew for faster action. Side effects: weak muscles, dry mouth, fatigue | #21 | NONE |
| B. Restoril 30mg (Temazepam) 1 tablet at bedtime <u>IF NEEDED</u> for sleep. | #7 | NONE |
| C. Seroquel 25mg (Quetiapine) 1 tablet at bedtime, <u>IF NEEDED</u> for sleep. | #14 | NONE |
| D. Valium 10mg (Diazepam) 1/2 to 1 tablet every 8 hours <u>IF NEEDED</u> for anxiety. | #25 | NONE |
| E. Toradol 60mg (2cc) (Ketorolac) IM (Deltoid) every 8 hours, <u>IF NEEDED</u>
for muscle/joint ache | 20 | NONE |

I understand these instructions. I will be in control of all medications as directed by Dr. Sponaugle.X *[Signature]*
Caregiver's Signature/Date716-423-4522
Contact Phone NumberX *[Signature]*
Physician's Signature/Date0415400150 06/03/04
MR 481754
WESTERFIELD, JOHN 53Y
DOB 11/13/50 MALE
SPONAUGLE, HARVIN L DR 13

0214

HELEN ELLIS MEMORIAL HOSPITAL
1395 S. PINELLAS AVENUE
TARPON SPRINGS, FL 34689

Page 3

PLAN: Inpatient medical detoxification from his Methadone. He is currently on Celexa and Wellbutrin. We may consider to stop the Wellbutrin in the future and go to Adderall to decrease psychological craving.

PRELIMINARY


Marvin L. Sponaugle, MD

MLS/cp

DD: 06/03/2004 20:51

DT: 06/04/2004 10:50

Job#: 9687

cc: Marvin L. Sponaugle, MD

PATIENT'S NAME
WESTERFIELD, JOHN

PHYSICIAN
Sponaugle

RM #
-

ADM DATE

MR #
481754

HISTORY & PHYSICAL

0217